

WHAT'S ON in Clunes

EVENTS | CLUBS | GROUPS

AUGUST &
SEPTEMBER
2023

Enjoy a wide range of activities including fitness, local interest groups, film nights, workshops and excursions, aimed at the interests of retirees and older residents.

BROUGHT TO
YOU BY



DJA DJA WURRUNG COUNTRY

Bookings:

www.clunesnh.org/attitude
BOOM: 28 Fraser Street
or scan the code



For more information or
find out how to join in

f Attitude. Ageing Well in Clunes
@ attitude.clunes@outlook.com
Attitude: 25 Fraser Street

Production of this program and Attitude's Special Events & Workshops and Philosophy Sessions are part of the Living & Ageing Well in Hepburn Project, supported by Western Victoria Primary Health Network under the Australian Government's Primary Health Networks Program.



A PROGRAM OF CLUNES NEIGHBOURHOOD HOUSE

This guide also includes complimentary listings for other local clubs under Elsewhere in Town.

Have a community event in Clunes to promote? Let us know and we'll help spread the word.

Working with clubs in Clunes and cross promoting our events keeps our town strong.

GET YOUR
ATTITUDE
HERE!



WHAT'S ON in Clunes

SPECIAL EVENTS & WORKSHOPS

FREE at Attitude
unless otherwise
stated

MAKE A CHRISTMAS FLOAT

Thursday 3 August & 7 September
10-11.30am

Get ready for the Clunes' Christmas parade and join in the hearty crew constructing ideas for our Good Ship Attitude, a pirate ship of course! Led by Hugh Wayland

POTTERY CLASS

Thursday 3 August 6-9pm

Five-week program with Jason Luca starting \$260 + firing costs for up to three pieces. Firing costs based on weight. 6 Templeton St.

Book: www.clunesnh.org/book-online

CLEVER TOWN CHALLENGE

Saturday 12 August 10am

Help solve a trivia puzzle and keep the trophy in Clunes ... We are up against Daylesford, Creswick, Trentham and Maryborough. BYO reference books, but no Google. Sponsored by Hepburn Shire Libraries and Snodger Puzzles.

VOICE CONVERSATION

Sunday 20 August 2.30pm

A kitchen conversation around the Voice to Parliament hosted by Lois Nichols, using material prepared by the Victorian Women's Trust. Afternoon tea provided.

ART & MEDITATION

Wednesday 23 August to
11 October 2-5pm

Eight-week guided meditation program with clay, textiles and painting mediums at Mindful Serenity studio. Places limited. \$50 a week.

Book: www.clunesnh.org/book-online

WRITING WORKSHOP

Sunday 24 September 2-4pm

Learn to craft your work like a professional. Led by Rhett Davis, author of *Hovering* and winner of the 2020 Victorian Premier's Award for an unpublished manuscript. In partnership with Creative Clunes.

DAY EXCURSIONS

Buses leave Attitude at 10am

Lunches & tastings at own cost.

Spaces limited.

Bookings essential – see back page

HAND CRAFTED BEER TOUR

Wednesday 16 August

Castlemaine Breweries.

Small batch beers from Shedshaker, Love Shack and Fermentus.

TEXTILE ART MUSEUM ARARAT

Wednesday 23 August

Works on Paper.

\$25,000 WAMA Art Prize

BENDIGO ART GALLERY

Wednesday 13 September

Essays on Earth. Brodie Ellis,

Paul Kane, John Wolseley.

GARDENS TOUR

Wednesday 27 September

Historic private Forest & Glade Gardens, Mt Macedon.

FILM NIGHTS

FIRST WEDNESDAY OF THE MONTH
Drinks at bar prices

7.30PM
BYO
supper

2 August

BALLAD OF NARAYAMA (1983)

Japanese film by Shohei Imamura and won the 1983 Palme d'Or at the Cannes Film Festival. It explores the legendary practice of ubasute, in which elderly people were carried to a mountain and abandoned to die.

6 September

PHILADELPHIA STORY (1940)

An American romantic comedy starring Cary Grant and Katherine Hepburn, directed by George Cukor.

Follow us on instagram:
@filmwithattitude

LOCAL GROUPS

ARTIST GROUP

Thursdays 1-4pm and
1st Saturday of the month
12pm-4pm
Marlene: 0409 355 857

BOOK CLUB

3rd Monday of the month
7.30-9.30pm at Attitude
in conjunction with
Ballarat Library
Lois: 0467 331 136

CROCHET GROUP

2nd & 4th Wednesdays
of the month 10-11.30am
Kerry: 0402 155 434

FOR THE LOVE OF BOOKS

3rd Friday of the month
1-2pm at BOOM

GARDEN CLUB

1st Tuesday of the
month 10am-1pm.
August 'Gardens for
Wildlife' & 'Gardening
with Bees'. September
local gardens tour.
Deirdre: 0425 707 972

GAMES NIGHT

4th Thursday of the
month at 7pm.

Mahjong, 500, Scrabble.
Malcolm: 0457 453 037

IMPRINT ATTITUDE PUBLISHING

Meeting irregularly to
finalise *A Thirst For Gold...*
Tess: 0414 483 348

MAD CHATTERS

Wednesdays 2pm
at Rose & Oak Cafe.
For newcomers and locals.
Carmel: 0421 635 369

UKULELE

Fridays 3-5pm.
Beginners welcome.
BYO ukulele or arrange to
borrow one by calling
Just drop in to join
a class or contact BOOM

WATERCOLOUR TECHNIQUES & TIPS FOR BEGINNERS

2nd & 4th Wednesdays
of the month 1.30pm
Kerry: 0402 155 434

WRITERS GROUP

2nd Monday of the
month 1-3.30pm
Sandra: 0438 415 715

PHILOSOPHY

Second Tuesday of the month at 1.30pm
12 September & 10 October

Run at Attitude by the Melbourne School of
Philosophy, Ballarat Branch. Gary: 0414 888 955

BACK BY
POPULAR
DEMAND

FITNESS & FUN

Simply turn up or call the contacts below.

CARDIO & STRENGTH TRAINING

Fridays 5.30-6pm at
Attitude and Mondays
5pm and Wednesdays
5.30pm at the Recreation
Centre, Sports Ground.
No sessions in the week
of 4 to 8 September.
Small fee.
Book at BOOM

CLUNES TREKKERS

Tuesdays at 9am
at Collins Place. Caters
for slow and fast walkers.
Lois: 0467 331 136

MEDITATION

Monday 5-6pm
No sessions 18 &
25 September
Sandra: 0438 415 715

MOBILITY STRENGTH & BALANCE

Each Monday, Wednesday
& Friday 10-10.45am
No sessions in the week
of 4 to 8 September
Small fee.
Book at BOOM

PÉTANQUE

Saturdays 2pm
Collins Place.
Gary: 0414 888 955

YOGA

Tuesdays 7-8pm
Restore your balance
inside and out.
Cost applies.
Lily: 0459 138 797

All ages
& abilities
welcome

ELSEWHERE ABOUT TOWN

ANNUAL PLANT SALE

Saturday 19 August at 9am
Clunes Landcare and Waterways. Collins Place

SUNDAYS@ATTITUDE

Our lounge bar is a great place to meet new and
old friends and celebrate the end of the week.

Drinks at bar prices | Snacks served
Warm and welcoming

4.30 -
8PM

